

Who We Help

Crisis House was founded in 1970 by a group of East County citizens and was the first community-based social service agency to provide counseling and emergency services to very low income, homeless, and underserved people.

Today, Crisis House is a landmark multi-service agency and is the first place people in crisis turn to for assistance. Our Resource Center is the hub for information, referrals, and services that address homelessness, abuse, healthcare and food insecurity. We are the primary community Resource Center in El Cajon that responds to people experiencing abuse, homelessness and others who are socio-economically disadvantaged.

Our housing programs assist survivors and children fleeing domestic violence, and homeless families and individuals, including veterans and seniors. We place special emphasis on the children of our families, these "silent victims" often experience the same trauma as their parents.



How You Can Help

Make a difference today!

- VOLUNTEER
- DONATE
- ATTEND AN EVENT
- HELP FUNDRAISE
- SPONSOR A FAMILY
- EMPLOY JOB SEEKERS
- SPREAD THE WORD

Need More Information?

Phone

619-444-1194

Fax

619-444-1422

Email

info@crisishouse.org

Address

**1034 N. Magnolia
El Cajon, CA 92020**

To learn more about us or to
Become involved visit our website:
www.crisishouse.org

Follow us on social media



@crisishouse.org



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crisishouse_elcajon



Respond. Connect. Renew.



Helping Families Succeed

**“Crisis House helped my mommy
and me be safe” . . . Naomi**

How We Help

Emergency and Social Services:

Emergency & Social Services:

Our Resource Center is available to the general public to respond immediately to connect families and individuals in crisis to crucial resources. We offer emergency services that respond to basic needs such as; food, clothing, and housing. Our social services include trauma-informed crisis intervention, case management, counseling and access to healthcare.



Coordinated Entry System (CES):

Crisis House is the Designated Assessment Site for San Diego County's coordinated housing assessment of homeless individuals and families in East County.

Homeless Outreach:

Individuals and families experiencing homelessness who are living on the streets, in vehicles or other places not meant for human habitation have access to such services as day storage, mail & phone service, showers, clothing, hygiene kits and hot meal.

Project Homeless Connect:

A one-day event held annually where persons experiencing homelessness in East County are able to access more than 35 critical services that would otherwise take months to obtain.



Our Mission

We **respond** immediately to stop the cycle of Domestic violence and homelessness and **connect**

Families and individuals to crucial resources that Empower them to **renew** their lives.

Making an Impact

Crisis House connects more than 5,000 people to over 18,000 needed services each year. We end homelessness for more than 500 people through our Housing Programs annually.

We have a proven track record of success. Impressively, since 2012 ninety-nine percent (99%) of the families exiting our transitional housing program acquired permanent housing. Crisis House continues to be the leader in the provision of crucial services for women and their children who have experienced domestic violence.



How We Help

Housing Services:

Specialized Emergency Housing:

Confidential emergency housing for families fleeing domestic violence.

Transitional Housing:

Safe furnished housing in confidential locations throughout San Diego County for women and their children who are fleeing domestic violence.

Rapid-Re-Housing:

A housing intervention designed to help survivors of domestic violence with children and homeless families and individuals, including veterans and seniors, quickly establish permanent housing.



Supportive Service:

Survivor families are offered trauma informed individual and group therapy, case management and linkages to medical, psychological and legal services. Housing participants are provided housing navigation and placement assistance in addition to all Resource Center services.